

At-Home COVID Screening

for Campers and Camp Staff

Campers and staff are asked to self-screen for COVID symptoms EVERY DAY before coming to camp.

Stay home if:

You are experiencing one "more common" or at least two "less common" symptoms:

MORE COMMON:

- Shortness of breath or difficulty breathing
- Loss of taste or smell
- Fever equal or greater than 100.4 F
- New onset or worsening cough

LESS COMMON:

- Sore throat
- Vomiting, diarrhea, or nausea
- Chills, muscle pain, excessive fatigue
- New onset of nasal congestion or runny nose
- New onset of severe headache

OR

You are unvaccinated and you've had known close contact with a person who is lab-confirmed to have COVID-19.

Keep our camp environment safe.

Contact your health care provider for guidance about your symptoms. Kindly contact the Quarry Hill Nature Center office if your camper is unable to attend camp. 507-328-3950

